



### **Morning tea, Afternoon tea or Lunch**

These items are great for your business meetings, an excellent way to impress your clients or your staff.

Please contact Nourish café on **09 250 4336** or email [nourishcafenz@yahoo.co.nz](mailto:nourishcafenz@yahoo.co.nz) if you would like any assistance with your choices.

**All prices exclude GST**

**Sweet or savoury vegetarian muffins \$3.50**

**Sultana, date or savoury scone \$3.50**

**Sweet scone with jam & cream \$3.90**

**Club Sandwiches \$1.60 (available in multiples of four)**

Creamy chicken & salad greens

Egg & mayonnaise

Champagne ham, chutney & Swiss cheese

Roasted vegetable & feta

Beef pastrami, pesto & parmesan

Tomato, cucumber & hummus

**Mini Quiche or Filo Tartlet \$2.90**

Ham & tomato

Spinach & feta

Bacon & cheese

Pumpkin & pinenut

Smoked salmon & cream cheese

**Sourdough rolls mini \$4.20**

Smoked salmon, cream cheese and capers

Creamy chicken, pesto and brie cheese

Pulled pork, pickled cabbage & aioli

**Pork, onion & sage sausage rolls \$2.90 regular or \$3.50 large**  
**Hearty mince & cheese pies \$3.20**  
**Slow cooked lamb shoulder and cheese pies \$3.20**  
**Chicken & mushroom filo triangle \$2.90**  
**Parmesan crumbed chicken skewer \$2.90**  
**Moroccan chickpea and chicken filo cigar \$2.90**  
**Creamy chicken & pesto bruschetta \$2.90**  
**Mini pizzas with assorted toppings \$2.90**

**Lightly spiced vegetable rolls \$2.90**  
**Vegetarian risotto balls with aioli \$2.90**  
**Creamy mushroom, pumpkin and spinach filo cigar \$2.90**  
**Potato, pumpkin & cheese croquettes with aioli \$2.90**  
**Baby smoked Kahawai pies with parmesan crust \$2.90**  
**Pinwheels with house smoked salmon & herb cream cheese \$2.90**  
**Savoury muffin with house smoked salmon and herb cream \$3.50**

**Baguette rolls \$8.30**

Creamy chicken, pesto & brie  
Beef pastrami, pesto, red pepper & parmesan  
Pulled pork, cheddar & aioli

**Turkish Sandwiches \$8.30**

Champagne ham, chutney, Swiss cheese & salad greens  
Chicken schnitzel, tomato, aioli & greens  
Roasted vegetable & feta  
Egg & mayo

**Bacon & egg ciabatta rolls \$8.30**

**Bacon & egg pies with chutney \$8.30**

**Roast vegetable frittata \$8.30**

**Large filo tartlets \$8.30**

**Fresh seasonal fruit skewers \$1.80**

**Sweet slices \$3.50 (cut in half for serving)**

Dark chocolate brownie, white chocolate & raspberry brownie, Anzac ginger,  
lemon, chocolate, GF date & almond, caramel, GF fruit & nut, blueberry &  
coconut, cranberry & pistachio, Louise cake