



Morning tea, Afternoon tea or Lunch

These items are great for your business meetings, an excellent way to impress your clients or your staff.

Please contact Nourish café on **09 250 4336** or email nourishcafenz@yahoo.co.nz if you would like any assistance with your choices.

All prices exclude GST

Sweet or savoury vegetarian muffins \$3.50

Sultana, date or savoury scone \$3.50

Sweet scone with jam & cream \$3.90

Club Sandwiches \$1.60 (available in multiples of four)

Creamy chicken & salad greens

Egg & mayonnaise

Champagne ham, chutney & Swiss cheese

Roasted vegetable & feta

Beef pastrami, pesto & parmesan

Tomato, cucumber & hummus

Mini Quiche or Filo Tartlet \$2.90

Ham & tomato

Spinach & feta

Bacon & cheese

Pumpkin & pinenut

Smoked salmon & cream cheese

Sourdough rolls mini \$4.20

Smoked salmon, cream cheese and capers

Creamy chicken, pesto and brie cheese

Pulled pork, pickled cabbage & aioli

Pork, onion & sage sausage rolls \$2.90 regular or \$3.50 large
Hearty mince & cheese pies \$3.20
Slow cooked lamb shoulder and cheese pies \$3.20
Chicken & mushroom filo triangle \$2.90
Parmesan crumbed chicken skewer \$2.90
Moroccan chickpea and chicken filo cigar \$2.90
Creamy chicken & pesto bruschetta \$2.90
Mini pizzas with assorted toppings \$2.90

Lightly spiced vegetable rolls \$2.90
Vegetarian risotto balls with aioli \$2.90
Creamy mushroom, pumpkin and spinach filo cigar \$2.90
Potato, pumpkin & cheese croquettes with aioli \$2.90
Baby smoked Kahawai pies with parmesan crust \$2.90
Pinwheels with house smoked salmon & herb cream cheese \$2.90
Savoury muffin with house smoked salmon and herb cream \$3.50

Baguette rolls \$8.30

Creamy chicken, pesto & brie
Beef pastrami, pesto, red pepper & parmesan
Pulled pork, cheddar & aioli

Turkish Sandwiches \$8.30

Champagne ham, chutney, Swiss cheese & salad greens
Chicken schnitzel, tomato, aioli & greens
Roasted vegetable & feta
Egg & mayo

Bacon & egg ciabatta rolls \$8.30

Bacon & egg pies with chutney \$8.30

Roast vegetable frittata \$8.30

Large filo tartlets \$8.30

Fresh seasonal fruit skewers \$1.80

Sweet slices \$3.50 (cut in half for serving)

Dark chocolate brownie, white chocolate & raspberry brownie, Anzac ginger,
lemon, chocolate, GF date & almond, caramel, GF fruit & nut, blueberry &
coconut, cranberry & pistachio, Louise cake