



All Day Breakfast

Toast- Turkish, ciabatta, sourdough, bagel with jam, marmalade or honey	\$6.90
Bacon and egg ciabatta roll	\$9.50
Porridge with sultana almond or blueberries	\$12.50
Housemade granola, yoghurt, blueberries and fresh milk	\$12.50
Eggs on toast any style with slow roasted tomato	\$12.50
Bacon and eggs - poached, scrambled or fried on toast	\$13.80
Breakfast grill - bacon, sausage, mushroom, eggs, potatoes, tomato and toast	\$19.80
Housemade baked beans with bacon and poached eggs on toasted bread	\$16.50
House smoked salmon bagel, herb cream cheese and mixed greens	\$15.50
Spanish scrambled eggs on sourdough toast with chorizo and feta	\$18.00
Eggs benedict with bacon or Portobello mushrooms	\$19.00
Pancakes or French toast with bacon, caramelised banana and maple syrup	\$17.00
Omelette	
Ham, cheese and tomato	\$17.50
Mushroom, spinach and feta	\$17.50
smoked salmon, cream cheese and aioli	\$19.50

SIDES

Wilted spinach, slow roasted tomato, grill or creamy mushrooms, avocado or crispy potatoes	\$4.00
Bacon, sausages, ham, chicken	\$4.50
House smoked salmon	\$6.00

All Day Lunch

Toasted sandwich with two filling (Ham, cheese, tomato, onion, pineapple, chicken, avocado, egg, \$1 for extra filling)	\$7.50
Soup of the day with toasted	\$11.00
Warm lentil and beetroot salad with spinach, candied almonds, feta and balsamic dressing	\$17.50
Nourish chicken salad with pinenuts, crispy noodles, herbs and citrus dressing	\$18.00
Nourish beef scotch salad with cucumber, crispy noodles, cashews and a tangy sesame dressing	\$18.50
Lightly scented lamb with creamy feta, almonds, tomato, crispy potatoes, salad greens and balsamic dressing	\$18.50
Calamari salad with chorizo sausage	\$18.50
Slow roasted tomato on toasted sourdough with basil pesto, wilted spinach, creamy feta and balsamic drizzle	\$16.50
Steak, eggs and chips with salad	\$19.50
Chicken livers with bacon, marsala cream served on toasted Turkish bread	\$17.50
Country style mince on toast with poached eggs	\$16.50
Creamy balsamic Portobello mushrooms with bacon on toast	\$18.50
Prawn fettucine with crispy bacon, roasted red peppers, lemon and fresh herbs	\$18.50
Fries with aioli	\$5.50

(Gluten Free option is available)

“We value the health and well-being of our customers. If you have any food allergy or intolerance please request further information about our menu.”