


nourish
CAFÉ

Catering Menu

Morning tea, Afternoon tea, Lunch

These items are great for your business meetings, an excellent way to impress your clients or your staff.

Please contact Nourish café on 09 250 4336 or email nourishcafenz@yahoo.co.nz if you would like any assistance with your choices.

 All prices exclude GST 

Muffins & Scones

Sweet or savoury vegetarian muffins \$4.00
Sweet scones with jam & cream
\$4.00

Club Sandwiches \$1.90

(Only available in multiples of 4 per item)

Creamy chicken & salad greens
Beef pastrami, pesto & parmesan
Champagne ham, chutney & Swiss cheese
Roasted vegetable & feta
(V)Egg & mayonnaise
(V)Tomato, cucumber & hummus
(V)Egg Plant, tomato, lettuce & Pesto

Mini Quiches or Filo Tartlets \$3.20

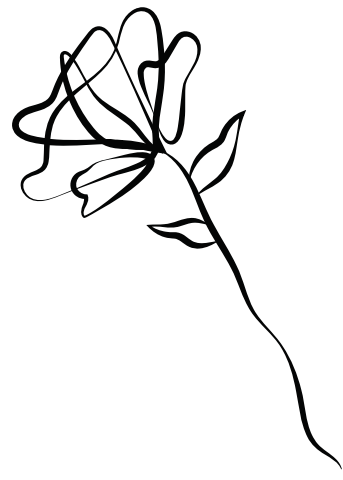
(Minimum order of 6 per item)

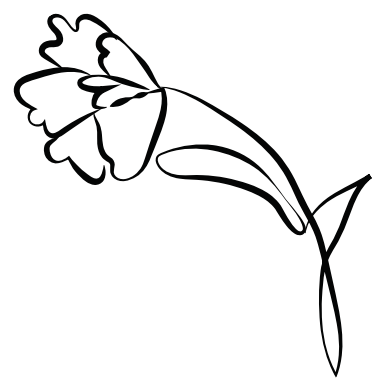
Ham & tomato
Bacon & cheese
Chicken & Brie
(V)Pumpkin & pine nut
(V)Spinach & feta
Smoked salmon & cream cheese

Sourdough rolls mini \$4.60

(Minimum order of 4 per item)

Creamy chicken, pesto, brie cheese & greens
Pulled pork, pickled cabbage, aioli & greens
Smoked salmon, cream cheese, capers & greens





Mixed Savouries

(Minimum order of 4 per item)

- Sausage rolls \$3.20
- Chicken & mushroom filo triangle \$3.20
- Parmesan crumbed chicken skewer \$3.20
- Moroccan chickpea and chicken filo cigar \$3.20
- Creamy chicken & pesto bruschetta \$3.20
- Mini pizzas with assorted toppings \$3.20
- Chicken & Brie \$3.20
- Hearty mince & cheese pies \$3.50
- Slow cooked lamb shoulder and cheese pies \$3.50
- (V)Lightly spiced vegetable sausage rolls \$3.20
- (V)Vegetarian risotto balls with aioli \$3.20
- (V)Creamy mushroom, pumpkin and spinach filo cigar \$3.20
- Baby smoked Kahawai pies with parmesan crust \$3.20
- Pinwheels with house smoked salmon & herb cream cheese \$3.50

Baguette rolls \$9.20

- Creamy chicken, pesto & brie
- Beef pastrami, pesto, red pepper & parmesan
- Pulled pork, cheddar & aioli

Turkish Sandwiches \$9.20

- Champagne ham, chutney, Swiss cheese & greens
- Chicken schnitzel, carrot, aioli & greens
- (V)Egg & mayonnaise
- (V)Roasted vegetable, feta & greens

A Selection of Sweet slices \$4.60

(Cut in half or quarter for serving)

- Anzac ginger, Blueberry & coconut, Nourish Lemon, Real chocolate, Louise,
- Date & almond (GF), Fruit & nut (GF), Blueberry Friand (GF)

Fresh seasonal fruit skewers \$2.10

(Minimum order of 5)

(V) - Vegetarian

(G.F) - Gluten Free

Our kitchen prepare food that contains nuts, gluten and dairy, traces of these may appear in any food item

